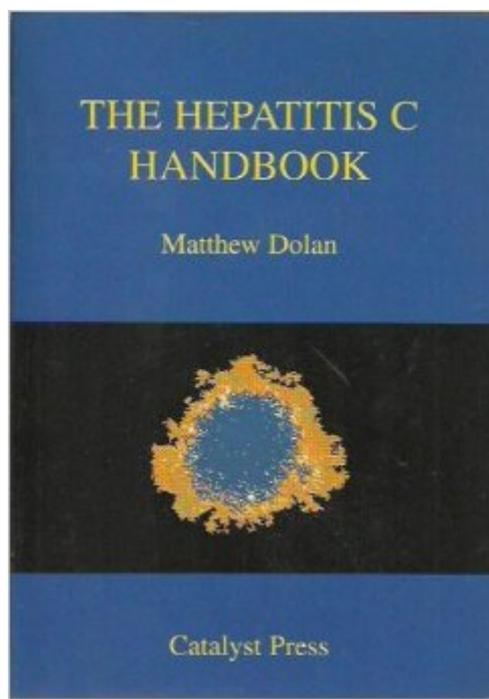


The book was found

Hep C Handbook



Synopsis

This definitive guide explains clearly what Hepatitis C is, outlines the course of the disease and the associated symptoms, and describes how it is transmitted. The author discusses available treatments as well as lifestyle changes that may help. Extensive sections on herbs, vitamins, and nutritional supplements are also included. --This text refers to an out of print or unavailable edition of this title.

Book Information

Paperback: 250 pages

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Language: English

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Product Dimensions: 8.4 x 5.7 x 0.6 inches

Shipping Weight: 0.8 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (1 customer review)

Best Sellers Rank: #4,848,821 in Books (See Top 100 in Books) #116 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Hepatitis](#)

Customer Reviews

It answered my questions in a way that I could understand. It even explained symptoms that I was having which my doctor seemed to have no concept of. It gave legitimacy to my symptoms, to my feelings, to my experience. I knew I was not alone. Brain fog! So that's what it's called! I had no idea other people were having this too. His book gave me confidence. I can not say enough about what it did for me emotionally to know I wasn't going crazy. I had real symptoms, perhaps ones not totally understood by science yet. This book taught me what I needed to know about this disease to feel that I understand enough to face it. Knowledge truly is empowering and sometimes our best weapon. The book is a rational look at what Hep C is and it is the most comprehensive I have found. I also like the truly balanced way in which all available therapies (conventional and complimentary) are outlined. No bias, no bashing, no advocating this over that, just presenting all our options. This is what so many books don't do. That is what I loved the most about it. That is what I try to do on my website[...]

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